



ACYLATED GHRELIN (human) EXPRESS

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Acylated Ghrelin (human)
Express ELISA kit
#A05106.96 wells

For research laboratory use only
Not for human diagnostic use

This assay was developed
& validated by Bertin Bioreagent

Fabriqué en France
Made in France



#A11106
Version: 0124

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96 wells
Storage: -20°C
Expiry date: stated on the package

This kit contains:

| Designation | Colour of cap | Item # | Quantity per kit | Form |
|--|-----------------------|---------------------|------------------|-------------|
| Strip 96 well Microtiter plate, pre-coated with anti-Ghrelin mouse monoclonal antibody | Blister with zip | A08106.1 ea | 1 | - |
| Acylated Ghrelin (human, rat) Tracer Express | Green | A04106.100 dtn | 1 | Lyophilised |
| Acylated Ghrelin (human) Standard | Blue with red septum | A06106.1 ea | 2 | Lyophilised |
| Acylated Ghrelin (human) Quality Control | Green with red septum | A10106.1ea | 2 | Lyophilised |
| Acylated Ghrelin ELISA Buffer | Blue | A07106.1 ea | 1 | Lyophilised |
| Wash Buffer concentrated 400x | Silver | A17000.1 ea | 1 | Liquid |
| Tween 20 | Transparent | A12000.1 ea | 1 | Liquid |
| Ellman's reagent 49+1 | Black with red septum | A09000_49+1.100 dtn | 2 | Lyophilised |
| Technical Booklet | - | A11106 | 1 | - |
| Well cover Sheet | - | - | 1 | - |

Each kit contains sufficient reagents for 96 wells. This allows for the construction of one standard curve in duplicate and the assay of 36 samples in duplicate.

► **Precaution for use**

Users are recommended to carefully read all instructions for use before starting work.

Each time a new pipette tip is used, aspirate a sample or reagent and expel it back into the same vessel. Repeat this operation two or three times before distribution in order to equilibrate the pipette tip.

- For research laboratory use only
- Not for human diagnostic use
- Do not pipet liquids by mouth
- Do not use kit components beyond the expiration date
- Do not eat, drink or smoke in area where kit reagents are handled
- Avoid splashing

The total amount of reagents contains less than 100µg of sodium azide. Flush the drains thoroughly to prevent the production of explosive metal azides.

Wearing lab gloves, laboratory coat and eye protection glasses is recommended when assaying kit materials and samples.

► **Temperature**

Unless otherwise specified, all the experiments are done at room temperature (RT), which is around +20°C. Working at +25°C or more affects the assay and decreases its efficiency.

► Background

Acetylcholinesterase AChE Technology

Acetylcholinesterase (AChE), the enzymatic label for EIA, has the fastest turnover rate of any enzymatic label. This specific AChE is extracted from the electric organ of the electric eel, *Electrophorus electricus*, and it is capable of providing a rapid catalytic turnover during the generation of the electrochemical discharges. The use of AChE as enzymatic label for EIA is patented by the French academic research Institute CEA [1, 2, 3], and Bertin Bioreagent has expertise to develop and produce EIA/ELISA kits using this technology.

AChE assays are revealed with Ellman's reagent, which contains acetylthiocholine as a substrate. The final product of the enzymatic reaction (5-thio-2-nitrobenzoic acid), is bright yellow in color and can be read at 405-414 nm using a spectrophotometer. AChE offers several advantages over other commonly used enzymes used in EIAs:

- **Kinetic superiority and high sensitivity:** AChE shows true first-order kinetics with a turnover of $64,000 \text{ sec}^{-1}$. That is nearly 3 times faster than Horse Radish Peroxidase (HRP) or alkaline phosphatase. AChE provides greater sensitivity than other labeling enzymes.
- **Low background:** Non-enzymatic hydrolysis of acetylthiocholine in buffer is essentially absent. Thus, AChE ensures a very low background and an increased signal/noise ratio compared to other

substrate of enzymes that are inherently unstable.

- **Wide dynamic range:** AChE is a stable enzyme and its activity remains constant for many hours. Unlike other enzymes, AChE has substrate that is not suicidal which permits simultaneous assays of high and low concentration samples.
- **Versatility:** AChE is a completely stable enzyme, unlike peroxidase which is suicidal. The accidentally dropped plate containing AChE substrate (Ellman's reagent) does not need to be discarded and experiment can be continued by adding washing buffer and fresh Ellman's reagent into the plate wells. As an option Otherwise, plate can be stored at +4°C containing washing buffer while waiting for technical advice from the Bioreagent Department.

Ghrelin

Ghrelin discovered in 1999, is fast becoming an endocrinology target of the millennium. Ghrelin, identified in rat stomach as an endogenous ligand for the GH secretagogue receptor, is mainly produced in stomach, but has been demonstrated in many other organs **[4, 5]**.

In addition to GH-releasing properties and its orexant action, Ghrelin could act as an hormone having effects on gastric motility (similarity with the peptide hormone motilin), acidic secretion, cardiovascular action, antiproliferative effects, pancreatic and glucose metabolism function, sleep **[6, 7, 8]...**

Ghrelin gene raises to mRNA prepro-ghrelin of 117 amino acids. This precursor is processed into Ghrelin, 28 amino acids (human).

Before being secreted, this peptide is octanoylated at Ser 3 by GOAT (Ghrelin Octanoyl Acyl Transferase). This step is essential for biological activity making GOAT a perfect target for drugs in feeding behaviour. Interestingly, the potential therapeutic importance of this hormone is not restricted to regulation of food intake **[9]** but also in cachexia (related to cancer treatment, anorexia nervosa or ischemia) **[10]** gastric motility and may be involved in osteoporosis, somatopause, infertility and ovulation induction, neurological disorders (Alcoholism, Post Traumatic Stress disorders...) **[11]** and cardiovascular diseases.

► Principle of the assay

The enzymatic immunoassay (ELISA) is based on a double-antibody sandwich technique. Wells of supplied plate are coated with a monoclonal antibody specific to the C-terminal part of Ghrelin.

This antibody will bind to any Ghrelin introduced into the wells (standard or sample). The acetylcholinesterase (AChE) - Fab' conjugate (Tracer) which recognizes the N-terminal part of Acylated Ghrelin is also added to the wells.

The two antibodies then form a sandwich by binding on different epitopes of the Acylated Ghrelin.

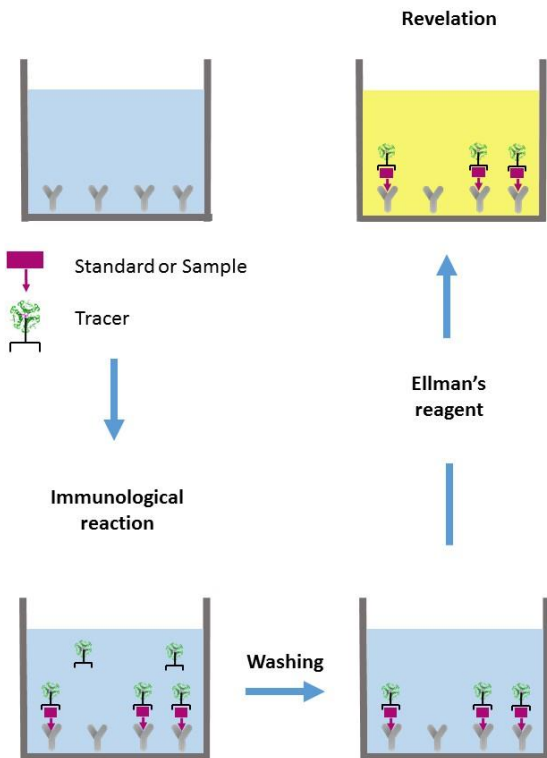
The sandwich is immobilised on the plate where excess reagents are washed away.

The concentration of Acylated Ghrelin (human) is determined by measuring the enzymatic activity of immobilized Tracer using Ellman's Reagent. AChE Tracer acts on Ellman's Reagent to form a yellow compound that strongly absorbs at 405 nm or at 414 nm.

The intensity of colour, which is determined by spectrophotometry, is proportional to the amount of Acylated Ghrelin (human) present in the well during the immunological reaction.

This ELISA so called Express ELISA kit needs a short incubation time for immunological reaction (3 hours).

The principle of the assay is summarised below:



► Assay validation and characteristics

▷ Validated for use:

- in buffer
- in plasma (without extraction but diluted at least at 1/5).

A sigmoidal 4-parameter logistic fitting was used to determine the concentrations.

For additional information regarding the validation of immunoassay for protein biomarkers in biological samples, please refer to bibliography [12, 13].

- > **Limit of detection (LOD):** calculated as the concentration of Acylated Ghrelin corresponding to the NSB average (n=8) plus three standard deviation is 0.8 pg/mL.

Due to the minimal plasma dilution (1/5), the limit of detection in the samples is less than 5 pg/mL.

- > **Intra-assay & inter-assay variations and recovery:**

| QC levels | Theoretical concentration in diluted QC (pg/mL) | Mean of observed concentrations (pg/mL) | Intra-assay (CV%) | Inter-assay (CV%) | Recovery (%) | Confidence interval ($\alpha = 0.05$) |
|--|---|---|-------------------|-------------------|--------------|---|
| Incubation 3 hours at room temperature | | | | | | |
| QC1 | 2 | 2.29 | 11.8 | 14.4 | 115 | 115 ± 9.5 |
| QC2 | 25 | 27.0 | 6.2 | 6.7 | 108 | 108 ± 3.4 |
| QC3 | 200 | 217 | 2.9 | 3.4 | 109 | 109 ± 2.1 |

| Incubation 20 hours at +4°C | | | | | | |
|-----------------------------|-----|------|------|------|------|------------|
| QC1 | 2 | 1.83 | 10.3 | 10.9 | 91.4 | 91.4 ± 4.6 |
| QC2 | 25 | 25.8 | 8.1 | 8.3 | 103 | 103 ± 3.5 |
| QC3 | 200 | 219 | 5.5 | 5.9 | 110 | 110 ± 2.9 |

The intra-assay and inter-assay variations were studied on human plasma (free of Ghrelin). Each level of QC was prepared five times concentrated from this pool of human plasma and then diluted to 1/5 in ELISA Buffer before assay. 60 aliquots were prepared for each of 3 level of QC. Replicate samples (n=6) at each of the three validation levels were analysed along with the calibration curve for a total of 5 independent runs.

> **Matrix variability**

| Matrix | Theoretical concentration (pg/mL) | Acylated Ghrelin measured (pg/mL) | Recovery (%) | Mean of recovery (%) |
|--------|-----------------------------------|-----------------------------------|--------------|----------------------|
| 1 | 25 | 25.9 | 104 | 106 |
| 2 | | 25.2 | 101 | |
| 3 | | 26.7 | 107 | |
| 4 | | 27.2 | 109 | |
| 5 | | 27.1 | 108 | |

Five individual human plasma samples were tested. Validation samples (n=3) were prepared five times concentrated in each matrix (free from Ghrelin) and then

diluted to 1/5 in order to obtain a final concentration of 25 pg/mL. QC were analysed against a calibration curve derived from a pool of human plasmas.

> **Dilution tests**

| Samples | Dilution factor | Acylated Ghrelin measured (pg/mL) | Corrected concentrations (pg/mL) | Recovery (%) | Mean of recovery (%) |
|---------|-----------------|-----------------------------------|----------------------------------|--------------|----------------------|
| 1 | 1/5 | 27.4 | 137 | - | 86.0 |
| | 1/10 | 13.4 | 134 | 97.8 | |
| | 1/20 | 6.5 | 129 | 94.2 | |
| | 1/25 | 4.3 | 108 | 78.8 | |
| | 1/50 | 2.0 | 100 | 73.0 | |
| 2 | 1/5 | 17.3 | 87 | - | 86.9 |
| | 1/10 | 10.4 | 104 | 120.0 | |
| | 1/20 | 3.6 | 73 | 84.4 | |
| | 1/25 | 2.5 | 63 | 72.6 | |
| | 1/50 | 1.2 | 61 | 70.5 | |
| 3 | 1/5 | 24.2 | 121 | - | 94.6 |
| | 1/10 | 12.6 | 126 | 104.0 | |
| | 1/20 | 5.6 | 111 | 91.7 | |
| | 1/25 | 4.3 | 107 | 88.4 | |
| | 1/50 | 2.3 | 114 | 94.2 | |

Three human plasma samples were diluted to 1/5. Afterwards, four independent dilutions (n=3) were performed and analyzed against a calibration curve.

> **Stability test (freezing/thawing)**

| Samples | Reference value (pg/mL) | 1 cycle (pg/mL) | 2 cycles (pg/mL) | 3 cycles (pg/mL) | Mean of recovery (%) |
|---------|-------------------------|-----------------|------------------|------------------|----------------------|
| 1 | 186.0 | 127.0 | 162.0 | 163.0 | 81.0 |
| 2 | 66.2 | 71.3 | 67.0 | 73.0 | 106.0 |
| 3 | 70.8 | 53.8 | 59.0 | 67.0 | 84.7 |
| 4 | 120.0 | 82.7 | 113.0 | 95.0 | 80.8 |
| 5 | 176.0 | 141.0 | 158.0 | 149.0 | 84.8 |

Five human plasma samples (n=3) were analyzed just after collection and dilution to 1/5 before the assay (reference value) and after 1, 2 and 3 freeze/thaw cycles.

> **Cross-reactivity**

| Molecule/Species | Cross-reactivity |
|------------------------------|------------------|
| Acylated Ghrelin (rat) | 118% |
| Unacylated Ghrelin (human) | <0.001 % |
| Unacylated Ghrelin (rat) | <0.001 % |
| Ghrelin (1-14) (human) | <0.001 % |
| Ghrelin (1-11) (rat) | <0.001 % |
| Ghrelin (17-28) (human, rat) | <0.001 % |
| GHRF (human) | <0.001 % |
| Insulin (human) | <0.001 % |
| Motiline | <0.001 % |

| | |
|-----------------------|----------|
| Leptin (human) | <0.001 % |
| Somatostatine | <0.001 % |
| CRF (human, rat) | <0.001 % |
| Glucagon (human, rat) | <0.001 % |

> ***Protease Inhibitor compatibility table***

| | AEBSF | PMSF | Pefabloc | P800 | Aprotinin | PHMB |
|-----------------|--------------|-------------|-----------------|-------------|------------------|-------------|
| A05306.96 wells | YES | YES | YES | YES | YES | YES |
| A05106.96 wells | NO | YES | NO | NO | YES | YES |

Plasma samples were collected on different protease inhibitors according to vendor instructions and measured with each kit. Recovery is different from one inhibitor to the other and it belongs to the end user to define according to its needs which inhibitor to be used. Acidification has also been tested with most inhibitors and may also change recovery, but will not affect the assay performances providing that dilution with ELISA Buffer or neutralization is performed.

> **Related products**

| Item Reference | Designation | Application |
|------------------|---|-------------------------------|
| A05106.96 wells | Acylated Ghrelin (human) Express EIA kit | PHMB, PMSF, Aprotinin samples |
| A05106.384 wells | Acylated Ghrelin (human) 384w EIA kit | GOAT inhibitor screening |
| A05117.96 wells | Acylated Ghrelin (mouse, rat) Express EIA kit | PHMB, PMSF, Aprotinin samples |
| A05118.96 wells | Unacylated Ghrelin (mouse, rat) Express EIA kit | PHMB, PMSF, Aprotinin samples |
| A05119.96 wells | Unacylated Ghrelin (human) Express EIA kit | PHMB, PMSF, Aprotinin samples |
| A05306.96 wells | Acylated Ghrelin (human) Easy Sampling EIA kit | Any kind of sample |
| A05317.96 wells | Acylated Ghrelin (mouse, rat) Easy Sampling EIA kit | |
| A05318.96 wells | Unacylated Ghrelin (mouse, rat) Easy sampling EIA kit | |
| A05319.96 wells | Unacylated Ghrelin (human) Easy Sampling EIA kit | |
| A05320.96 wells | Unacylated Ghrelin (dog) Easy Sampling EIA kit | |
| A05321.96 wells | Acylated Ghrelin (dog) Easy Sampling EIA Kit | |
| A05401.96 wells | Acylated Ghrelin (pig) EIA kit | |
| A05402.96 wells | Unacylated Ghrelin (pig) EIA kit | PHMB, PMSF, Aprotinin samples |
| D31009 | Sampling Tubes with PHMB | Sample preparation |

► **Materials and equipment required**

In addition to standard laboratory equipment, the following materials are required:

For the sample preparation:

- > EDTA tubes for blood collection
- > Sampling tubes with PHMB #D31009 or reagents for PHMB inhibitor solution:
 - Potassium Phosphate buffer 0.1 M pH 7.4
 - NaOH 10N
 - p-Hydroxymercuribenzoic acid (PHMB)
 - UltraPure water #A07001Or Aprotinin (up to 0,6 TIU per mL blood)
Or PMSF
- > HCl 1N (optional)

For the assay:

- Precision micropipettes (20 to 1000 μ L)
- Spectrophotometer plate reader (405 nm or 414 nm filter)
- Microplate washer (or wash bottles)
- Orbital microplate shaker
- Multichannel pipette and disposable tips 30-300 μ L
- UltraPure water #A07001.1L
- Polypropylene tubes



Water used to prepare all ELISA reagents and buffers must be UltraPure (deionized & free from organic contaminant traces).

Otherwise, organic contamination can significantly affect the enzymatic activity of the tracer Acetylcholinesterase (AChE).

Do not use distilled water, HPLC-grade water or sterile water.

UltraPure water may be purchased from Bertin Bioreagent (item #A07001.1L).

▶ **Sample collection and preparation**

This assay has been validated to measure Acylated ghrelin in buffer and in human plasma samples (see validation data paragraph).

▷ **General precautions**

- All samples must be free from organic solvents prior to assay.
- Samples should be assayed immediately after collection or should be stored at -20°C or at -80°C prior the use with the assay.

▷ **Sample collection**

- Blood samples are collected in tubes containing EDTA and a protease inhibitor to prevent the degradation of Acylated Ghrelin.

- **Choice of protease inhibitor**

We suggest adding p-hydroxymercuribenzoic acid (PHMB) 1 mM in the final sample volume during the blood collection.

We suggest preparing a 100 times concentrated solution of protease inhibitor and then adding 10 μ L of this solution per mL of blood. For example, for PHMB 100mM concentrated solution, prepare a potassium phosphate buffer 0.1 M pH 7.4 in which 1.2% NaOH 10N volume/volume is added. Then dissolve PHMB to get a 100 times concentrated solution (100 mM) in this buffer.

Add 10 μ L of this PHMB 100x solution per mL of blood. The PHMB 100x solution may be stored one month at -20°C .

We suggest using aliquots for PHMB 100x solution in order to avoid freezing/thawing cycles.

To avoid the preparation of PHMB protease inhibitor solution, Bertin Health & Life Sciences provides sampling tubes for 1 mL of blood containing PHMB (item #D31009).

Other protease inhibitors could be used with the assay like Aprotinin (up to 0,6 TIU/mL blood) or PMSF(around 0.1 mg/mL blood according to litterature) as indicated in the section "Protease inhibitor compatibility table" at the end of this booklet. For the use of these different products, please refer to the vendor's instructions.

The use of the incompatible protease inhibitors mentioned in the table will impact the AChE activity.

- Collection tubes are mixed by inversion 5 times.



Samples should be kept on ice between collection and centrifugation (15 minutes max).

- Blood samples are centrifuged at 3,500 rpm for 10 minutes at +4°C and then, supernatants are transferred in separate tubes.
Samples should be quickly assayed or stored at -20°C for later use.
- The best way is to assay the samples within 3 weeks after the collection date. Moreover, we suggest using aliquots for plasma samples (we suggest 250 µl per aliquot) in order to avoid freezing/thawing cycles.
- **Acidification of freshly prepared plasma** (to be done before storage) **with HCl** is often performed and doesn't affect the performance of the assay.

When adding 100 µl of 1N HCl per mL of collected plasma and centrifuge them at 3,500 rpm for 5 min at +4°C, there is a slight increase in Acylated Ghrelin value, and no significant change on Unacylated Ghrelin value. Poor neutralization (by dilution or NaOH) of acidification may however lead to inconsistency in sample reproducibility.



Plasma samples prepared as above-mentioned can be assayed for Acylated Ghrelin with Acylated Ghrelin ELISA kit or for Unacylated Ghrelin with Unacylated Ghrelin ELISA kit.

▷ **Sample preparation**

Plasma samples may be assayed directly without any extraction procedure after being **diluted at least to 1/5 in ELISA Buffer** in order to avoid the matrix effect.

▶ **Reagent preparation**

Each kit contains sufficient reagents for 96 wells. This allows for the construction of one standard curve in duplicate and the assay of 36 samples in duplicate according to suggested plate layout.

If you want to use the kit in two times, we provide one additional vial of Standard, one of Quality Control and one of Ellman's Reagent.

All reagents must be brought to room temperature (around +20°C) prior the use in assay.

▷ **ELISA Buffer**

Reconstitute the ELISA Buffer #A07106 with 50 mL of UltraPure water. Allow buffer to stand for 5 minutes or until it is completely dissolved. Mix buffer thoroughly by gentle inversions.

Stability at 4°C: 1 month.

▷ **Acylated Ghrelin (human) Standard**

Reconstitute the Standard vial #A06106 with 1 mL of UltraPure water. Allow standard to stand for 5 minutes or until it is completely dissolved. Mix standard thoroughly by gentle inversions.

The concentration of the first standard (S1) is 250 pg/mL.

Prepare seven polypropylene tubes (for the other standards) and add 500 μ L of ELISA Buffer into each tube. Then prepare the standards by serial dilutions as indicated in following table. Mix each tube thoroughly before the next transfer.

| Standard | Volume of Standard | Volume of ELISA Buffer | Standard concentration (pg/mL) |
|----------|--------------------|------------------------|--------------------------------|
| S1 | - | - | 250 |
| S2 | 500 μ L of S1 | 500 μ L | 125 |
| S3 | 500 μ L of S2 | 500 μ L | 62.5 |
| S4 | 500 μ L of S3 | 500 μ L | 31.3 |
| S5 | 500 μ L of S4 | 500 μ L | 15.6 |
| S6 | 500 μ L of S5 | 500 μ L | 7.8 |
| S7 | 500 μ L of S6 | 500 μ L | 3.9 |
| S8 | 500 μ L of S7 | 500 μ L | 2.0 |

Stability at 4°C: 1 week

▷ **Acylated Ghrelin (human) Quality Control**

The Quality Control provided in this kit has been prepared by spiking Acylated Ghrelin (human) peptide in ELISA Buffer.

Reconstitute the Quality Control vial #A10106 with 1 mL of UltraPure water. Allow quality control to stand for 5 minutes or until it is completely dissolved. Mix quality control thoroughly by gentle inversions.

Stability at 4°C: 1 week

▷ **Acylated Ghrelin Tracer**

Reconstitute the vial #A04106 with 10 mL of ELISA Buffer. Allow tracer to stand for 5 minutes or until it is completely dissolved. Mix tracer thoroughly by gentle inversions.

Stability at +4°C: 1 week

▷ **Wash Buffer**

Dilute 2 mL of concentrated Wash Buffer #A17000 with 800 mL of UltraPure water. Add 400 µL of Tween 20 #A12000. Use a magnetic stirring bar to mix the content. Note that concentrated wash buffer is also used for Ellman's reagent preparation.

Stability at +4°C: 1 week

▷ **Ellman's Reagent**

5 minutes before use (development of the plate), reconstitute one vial of Ellman's Reagent #A09000_49+1 with 49 mL of UltraPure water and 1 mL of **concentrated** Wash Buffer#A17000. The tube content should be thoroughly mixed.

Stability at +4°C and in the dark: 24 hours

▶ **Assay procedure**

It is recommended to measure the samples in duplicate following the instruction below.

▷ **Plate preparation**

Prepare the Wash Buffer as indicated in the reagent preparation section.

Open the plate pouch and select enough strips for your assay. Place unused strips back in the pouch.

Stability at +4°C: 1 month.

Rinse each well 5 times with Wash Buffer (300 µL/well).

Just before distributing the reagents and samples, remove the buffer from the wells by inverting the plate and blot the last drops by tapping it on paper towels.

▶ Plate set-up

A plate set-up is suggested hereafter.

The content of each well may be recorded on the template sheet provided at the end of this technical booklet.

| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
|---|-----|----|----|---|---|---|---|---|---|----|----|----|
| A | Bk | S7 | S3 | * | * | * | * | * | * | * | * | * |
| B | Bk | S7 | S3 | * | * | * | * | * | * | * | * | * |
| C | Bk | S6 | S2 | * | * | * | * | * | * | * | * | * |
| D | NSB | S6 | S2 | * | * | * | * | * | * | * | * | * |
| E | NSB | S5 | S1 | * | * | * | * | * | * | * | * | * |
| F | NSB | S5 | S1 | * | * | * | * | * | * | * | * | * |
| G | S8 | S4 | QC | * | * | * | * | * | * | * | * | * |
| H | S8 | S4 | QC | * | * | * | * | * | * | * | * | * |

Bk : Blank

S1-S8 : Standards 1-8

NSB : Non Specific Binding

QC: Quality Controls

* : Samples

▶ Pipetting the reagents

All samples and reagents must reach room temperature prior performing the assay.

Use new tips to pipet buffers, standards, samples, antibody and other reagents.

Before pipetting, equilibrate the pipette tips in each reagent. Do not touch the liquid already in the well when expelling with the pipette tip.

> ***ELISA Buffer***

Dispense 100 µL to Non Specific Binding wells (NSB) wells.

> ***Acylated Ghrelin (human) Standards***

Dispense 100 µL of each of the eight standards (S8 to S1) in duplicate to appropriate wells.

Start with the lowest concentration standard (S8) and equilibrate the tip in the next higher standard before pipetting.

> ***Quality Control and Samples***

Dispense 100 µL in duplicate to appropriate wells. Highly concentrated samples may be diluted in ELISA Buffer.

> ***Acylated Ghrelin Tracer***

Dispense 100 µL to each well, **except** Blank (Bk) wells.

▷ ***Incubating the plate***

Cover the plate with cover sheet and incubate 3 hours at room temperature.

A longer immunological reaction (20 hours at +4°C) is also possible, increasing the sensitivity of the assay to 0.3 pg/mL.

▷ **Developing and reading the plate**

- Reconstitute Ellman's reagent as mentioned in the reagent preparation section.
- Empty the plate by inverting it. Proceed with the following washing steps:
 - Wash each well 4 times with 300 μ L of Wash Buffer;
 - Wash each well 1 time with 300 μ L of Wash Buffer under slight agitation on an orbital shaker during 5 minutes;
 - Wash each well 5 times with 300 μ L of Wash Buffer;
 - At the end of the last washing step, empty the plate and blot the plate on a paper towel to discard any trace of liquid.
- Add 200 μ L of Ellman's reagent to each 96 well.
- Cover the plate with aluminum sheet and incubate in the dark at room temperature. Optimal development is obtained using an orbital shaker.
- Wipe the bottom of the plate with a paper towel, and make sure that no liquid has splashed outside the wells
- Read the plate at 405 nm or at 414 nm (yellow color) using spectrophotometer plate reader.

After addition of Ellman's reagent, the absorbance has to be checked periodically (every 30 minutes) until the maximum absorbance has reached a minimum of 0.5 A.U. blank subtracted.

► Assay procedure summary

| Express Enzyme Immunoassay Protocol (volumes are in μL) | | | | |
|--|-------|-----|----------|--------------|
| | Blank | NSB | Standard | Sample or QC |
| ELISA Buffer | - | 100 | - | - |
| Standard | - | - | 100 | - |
| Sample or QC | - | - | - | 100 |
| Tracer | - | 100 | 100 | 100 |
| Cover plate, incubate 3 hours at room temperature | | | | |
| Wash plate x4, Wash & shake plate x1, Wash plate x5 Discard liquid from the wells | | | | |
| Ellman's reagent | 200 | | | |
| Incubate with an orbital shaker in the dark at RT | | | | |
| Read the plate between 405 and 414 nm | | | | |

► Data analysis

Make sure that your plate reader has subtracted the absorbance readings of the blank wells (absorbance of Ellman's Reagent alone) from the absorbance readings of the rest of the plate.

- Calculate the average absorbance for each NSB, standard and sample.
- For each standard, plot the absorbance (y axis) versus the concentration (x axis) graph. Draw a best-fit line through the points.
- To determine the concentration of samples, find the

absorbance value of each sample on the y axis.

- Read the corresponding value on the x axis which is the concentration of unknown samples. Do not forget to integrate the dilution factor of your own samples (due notably to the minimal dilution for the assay 1/5 and the addition of HCl 1N).
- Samples with a concentration greater than 250 pg/mL should be re-assayed after dilution in ELISA Buffer.
- Most plate readers are supplied with curve-fitting software capable of graphing these data (4PL 1/Y or 4-parameter logistic fit 4PL). If you have this type of software, we recommend using it. Refer to it for further information.



Two vials of Quality Control are provided with this kit.

Your standard curve is validated only if the calculated concentration of the Quality Control obtained with the assay is +/- 25% of the expected concentration (see the label of the QC vial)

► **Acceptable range**

- Non-Specific Binding < 60 mA.U.
- Limit of detection in the sample before dilution <5 pg/mL
- QC sample: $\pm 25\%$ of the expected concentration (see the label of the QC vial)

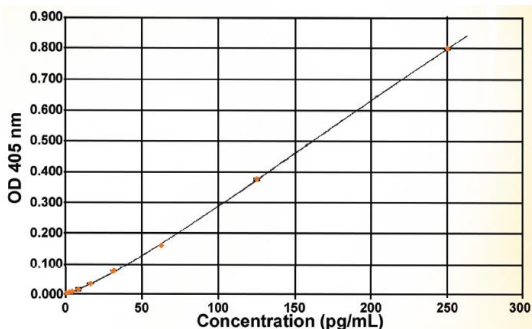
► Typical results

The following data are for demonstration purpose only. Your data may be different and still correct.

The data was obtained using all reagents as supplied in this kit under the following conditions: 60 minutes developing at room temperature, reading at 414 nm. A 4-parameter logistic fitting was used to determine the concentrations.

| Standard | Acylated Ghrelin (human) pg/mL | Absorbance A.U. |
|----------|--------------------------------|-----------------|
| S1 | 250 | 798 |
| S2 | 125 | 377 |
| S3 | 62.5 | 163 |
| S4 | 31.3 | 79 |
| S5 | 15.6 | 38 |
| S6 | 7.8 | 19 |
| S7 | 3.9 | 13 |
| S8 | 2.0 | 10 |

Typical Acylated Ghrelin (human) standard curve



► Troubleshooting

> **Absorbance values are too low:**

- organic contamination of water,
- one of the reagents was not properly dispensed,
- incorrect preparation,
- assay performed before reagents reached room temperature,
- reading time not long enough.

> **High signal and background in all wells:**

- inefficient washing,
- overdeveloping (incubation time should be reduced),
- high ambient temperature.

> **High dispersion of duplicates:**

- poor pipetting technique
- irregular plate washing.

> **If a plate is accidentally dropped after dispatch of the AChE substrate (Ellman's Reagent) or if it needs to be revealed again:**

- one only needs to wash the plate, add fresh Ellman's Reagent and proceed with a new development.
- otherwise, the plate can be stored at +4°C with Wash Buffer in wells while waiting for technical advice from the Bioreagent Department.

These are a few examples of troubleshooting that may occur. If further information or explanation is needed, please contact

Bertin Bioreagent Technical Support by phone on +33 (0)139 306 036, or by E-mail tech@bertin-bioreagent.com. Please have batch number of the kit (see outside the box) ready to provide to the technical support.

Bertin Bioreagent offers ELISA Training kit #B05005. Feel free to contact our Technical Support. We are always happy to hearing from you.

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| | | | | | | | | |
|----|----------|----------|----------|----------|----------|----------|----------|----------|
| 1 | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| 2 | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| 3 | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| 4 | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| 5 | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| 6 | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| 7 | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| 8 | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| 9 | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| 10 | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| 11 | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| 12 | ○ | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| | A | B | C | D | E | F | G | H |



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